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# Experimental design of fMRI studies & Resting-State fMRI (rsfMRI)



## task-fMRI

vs.

## rsfMRI

- changes in BOLD signal attributed to experimental paradigm
  - “brain function mapped onto brain regions” → local
  - generally largely ignoring any intrinsic, ongoing (spontaneous) brain activity
- Investigates spontaneous brain activity in fMRI in the absence of experimental stimulations
  - mainly temporally correlated fMRI signal changes across the brain during ‘rest’ is studied, i.e. resting state networks (RSNs)
  - the resting brain consumes 20% of the body’s energy (mostly to support ongoing neuronal signaling), task-related changes in neuronal metabolism are only about 5% (Raichle et al. (2001), *PNAS*)



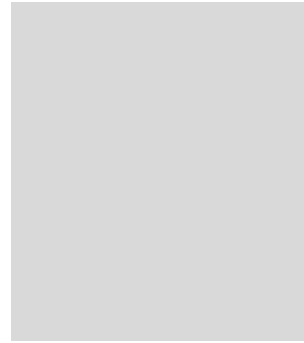
Paradigm shift

# Resting state Acquisition

**Duration: 5-10 min**



**With fixation cross**



**Without fixation cross**



**Eyes open**




**Eyes closed**

**Resting state functional MRI [...] is a [...] method for evaluating regional interactions that occur when a subject is not performing an explicit task.**

<http://www.humanconnectome.org/about/project/resting-fmri.html>

**correlated fluctuations**



Resting state functional MRI [...] is a [...] method for evaluating **regional interactions** that occur when a subject is not performing an explicit task.

<http://www.humanconnectome.org/about/project/resting-fmri.html>

# rsfMRI or R-fMRI → resting-state fcMRI

**functional connectivity**



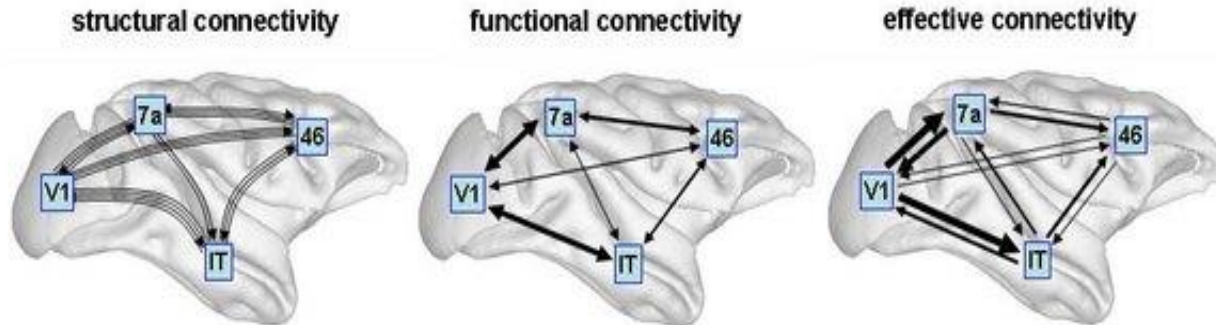
**correlated fluctuations**



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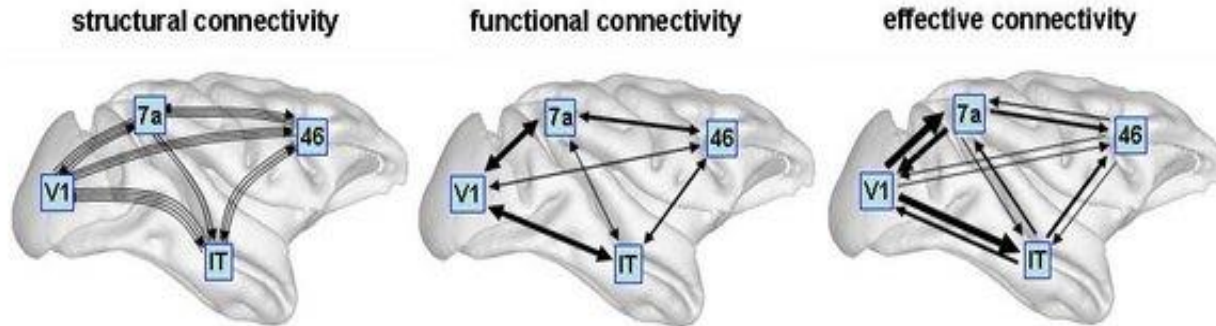
# Structural, functional & effective connectivity



Sporns 2007, *Scholarpedia*

- **anatomical/structural connectivity**  
= presence of axonal connections
- **functional connectivity**  
= statistical dependencies between regional time series
- **effective connectivity**  
= causal (directed) influences between neurons or neuronal populations

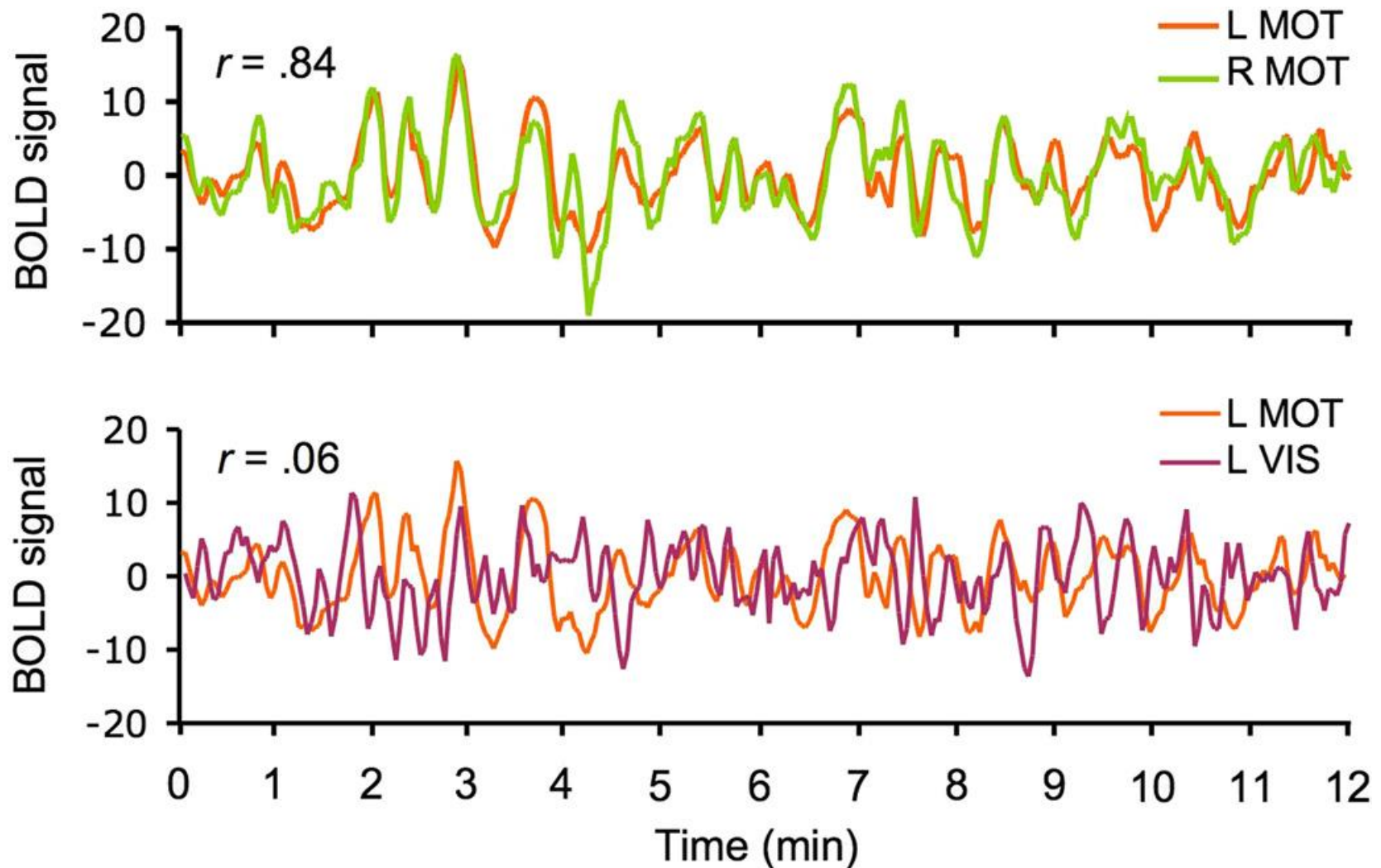
# Structural, functional & effective connectivity



Sporns 2007, *Scholarpedia*

- **anatomical/structural connectivity**  
= presence of axonal connections
- **functional connectivity**  
→ resting-state fcMRI might provide indirect information about the structural connectivity of the brain
- **effective connectivity**  
= causal (directed) influences between neurons or neuronal populations

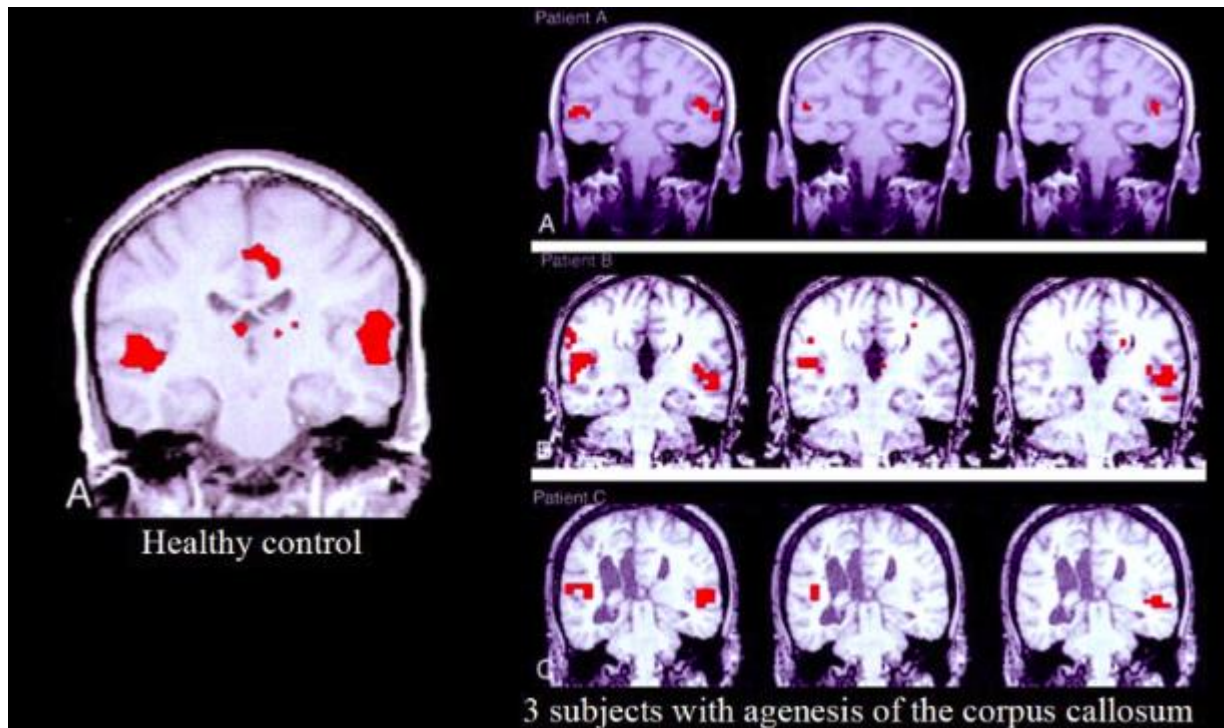
# Spontaneous BOLD activity



Van Dijk et al., 2009

# functional connectivity = anatomical connectivity ?

Healthy control:  
seed voxel from  
the right auditory  
cortex



Patients:

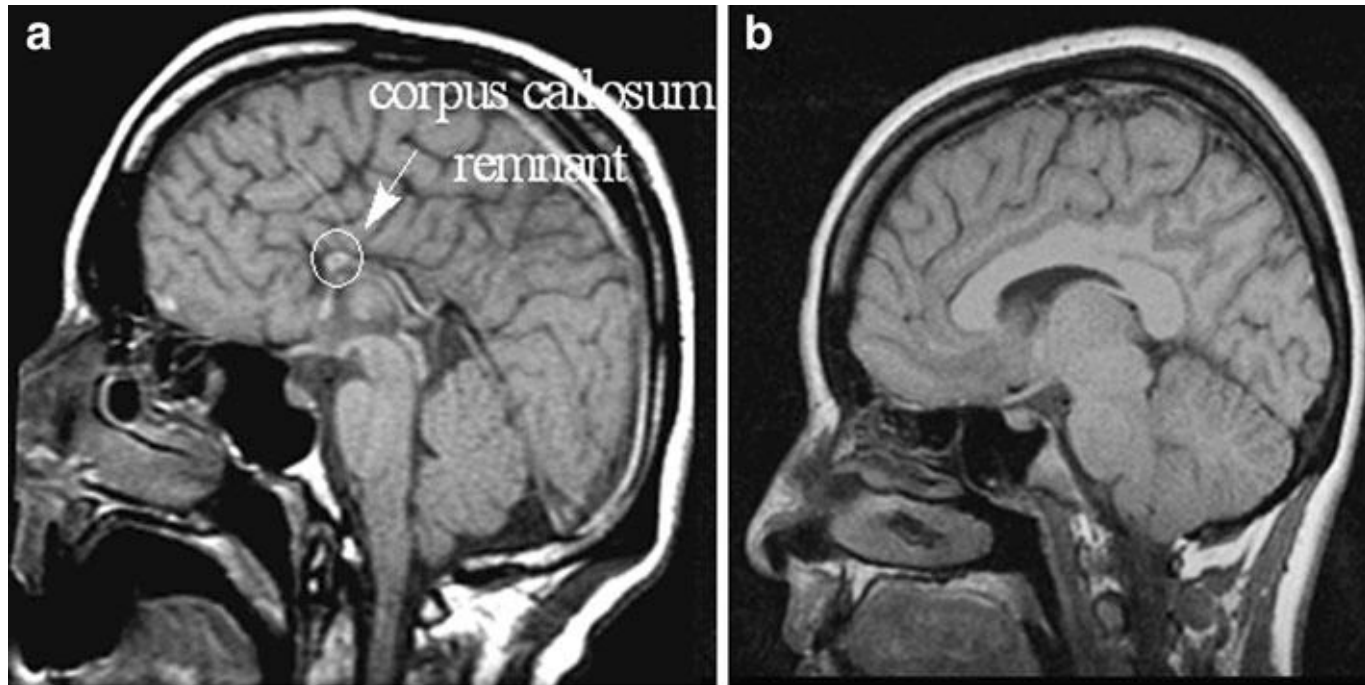
**Left:** activation data from the auditory cortex during a text-listening task.

**Middle:** functional connectivity with seed voxel selected in the right auditory cortex.

**Right:** functional connectivity with seed voxel selected in the left auditory cortex

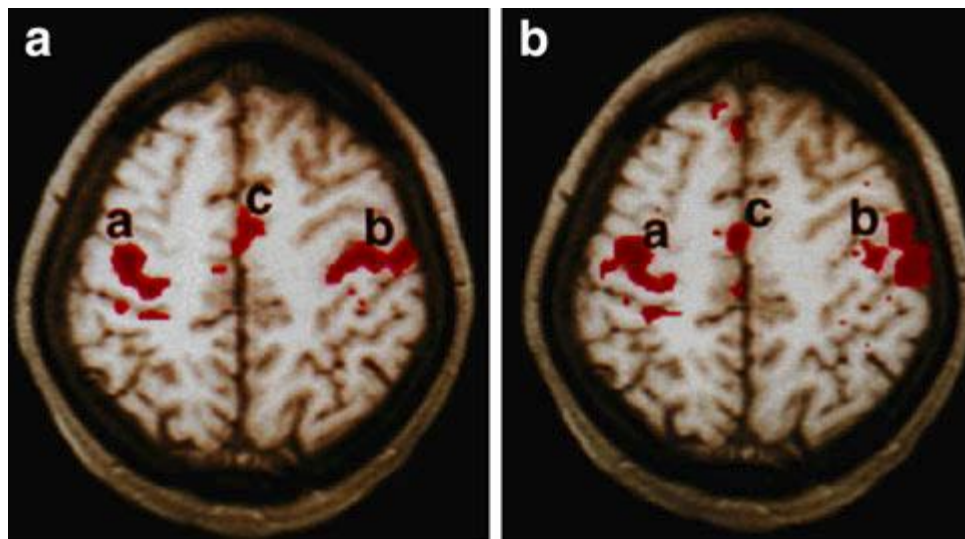
Quigley et al. (2003), *AJNR*

# Corpus callosum



Lowe (2010), *Magn Reson Mater Phy*

# Early studies - fMRI



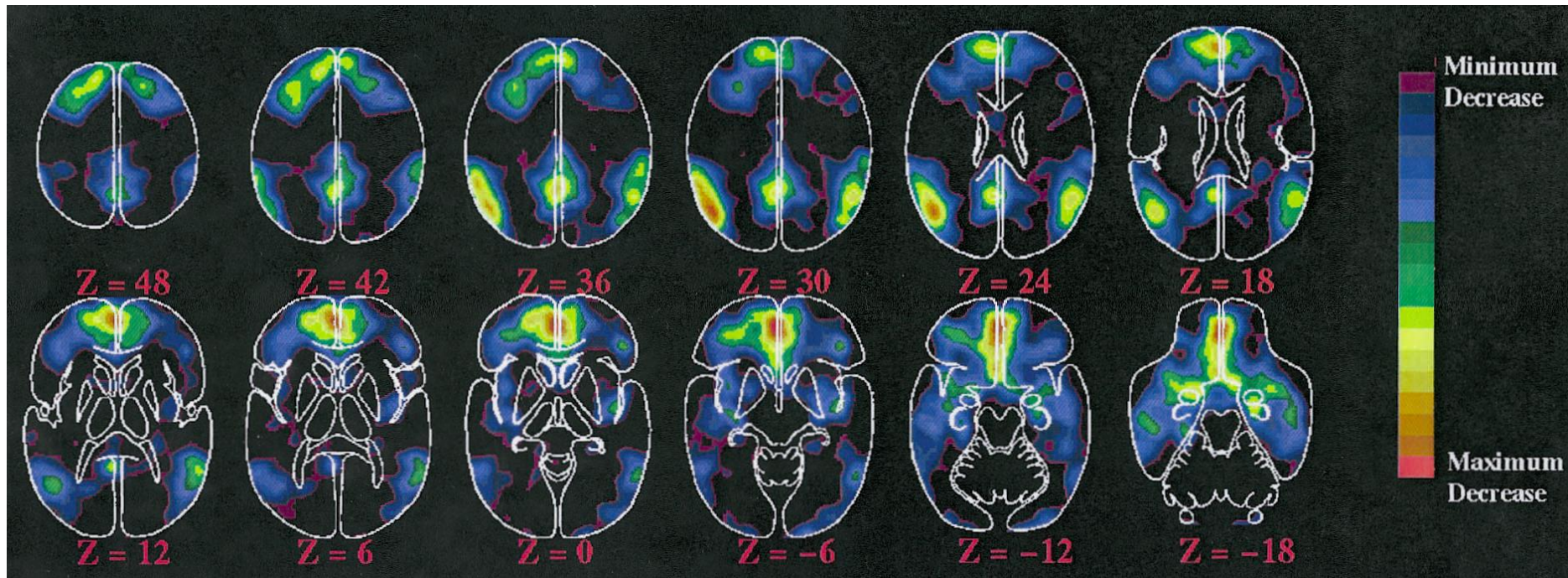
a) fMRI task-activation response to bilateral finger movement

b) functional connectivity map using as seed region the left motor cortex

Biswal et al. (1995), *Magn Reson Med*

# Early studies - PET

Brain regions showing a decrease in metabolic activity during attention demanding cognitive tasks



**default mode of brain function**

Raichle et al. (2001), *PNAS*

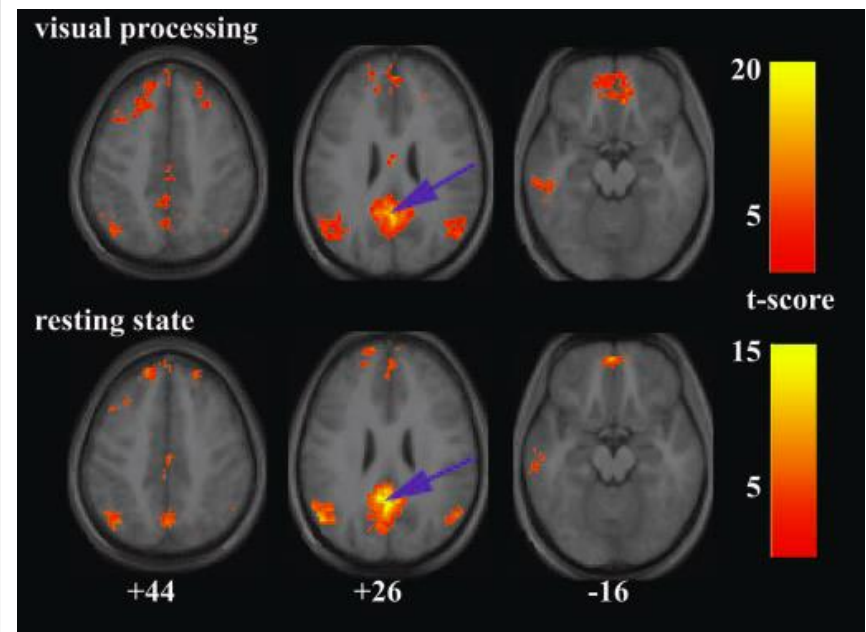
# Early studies - fMRI

## Tasks

- Resting state:
  - Eyes closed
  - do not think of anything in particular
- Visual processing
  - black-and-white radial checkerboard pattern
- Working memory
  - N-back spatial paradigm
- task-related decreases in the PCC, vACC, medial prefrontal cortex (MPFC), and left inferior parietal cortex (IPC)
- task-related increase in lateral prefrontal areas

## Visual processing vs. resting-state neural connectivity for the PCC

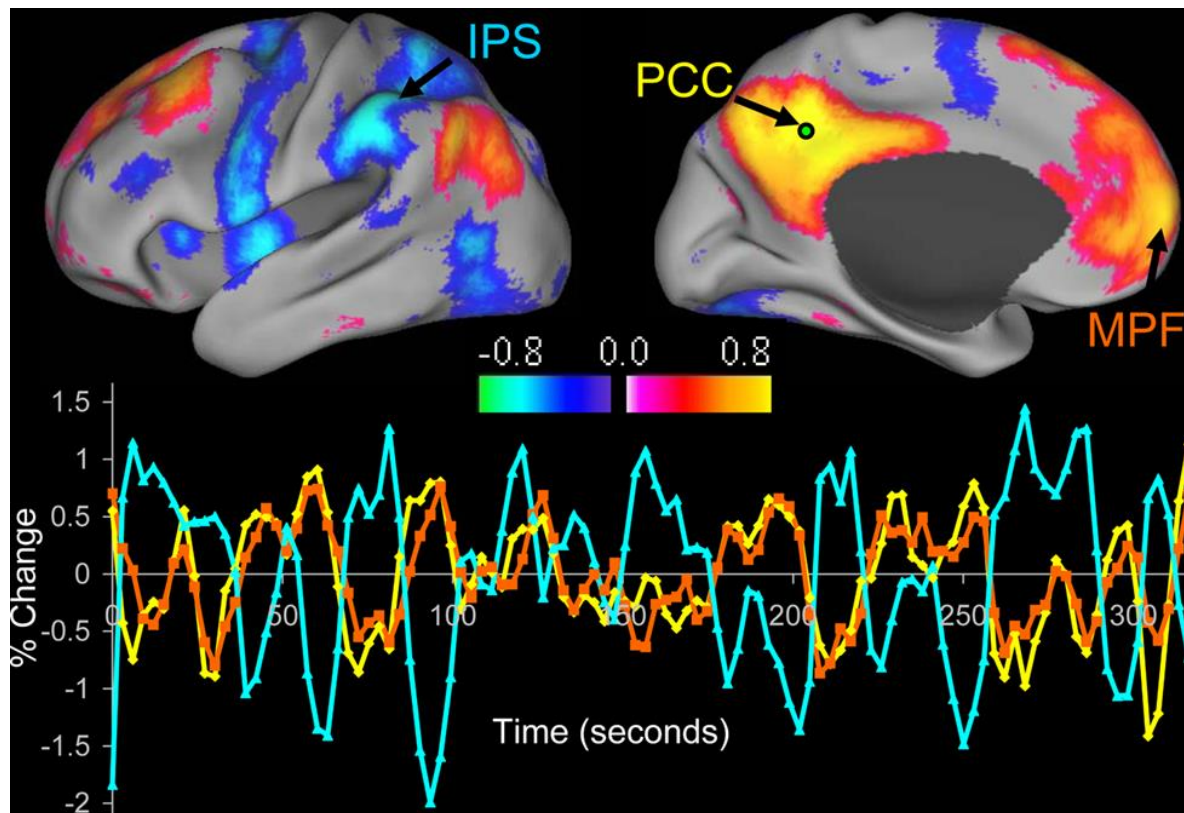
[-2 -51 27]



Greicius et al. (2003), *PNAS*

# Default mode network (DMN)

- A set of brain regions whose activation tends to
  - decrease during the performance of active, engaging tasks
  - increase during conditions of resting and reflection



Fox & Greicius (2010), *Front Syst Neurosci*

# Resting-state Networks (RSNs) characteristics

- Spatial

- localize the grey matter regions of the brain (Beckmann et al. 2005; De Luca et al. 2006), including;
  - sensory and motor cortices,
  - language, memory, and higher cognitive systems
- appear to be either upregulated or downregulated during specific cognitive tasks.
  - 'task positive' vs 'task negative' (e.g. DMN)

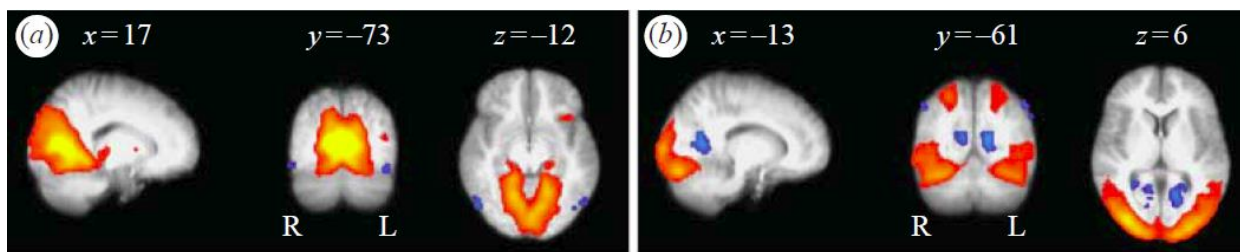
- Temporal

- Low frequency/ slow fluctuations
- Frequencies  $< 0.1$  Hz account for 90% of the cross-correlation between connected areas (Cordes et al., 2000,2001)
- But higher frequencies contribute equally consistent (Niazy et al. 2008)

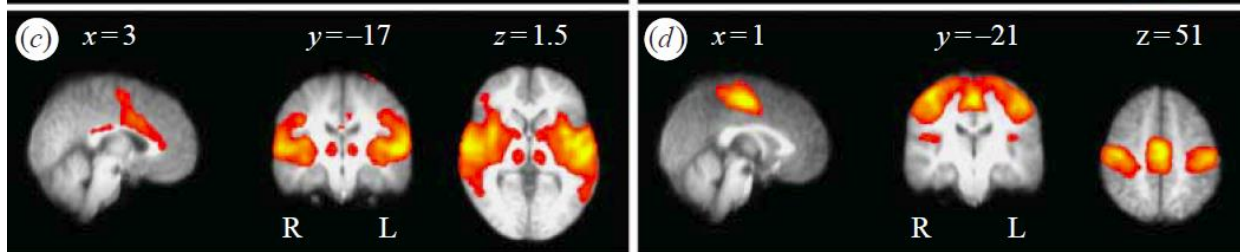
# Spatial characteristics - Networks

## RSNs

a) & b) Visual

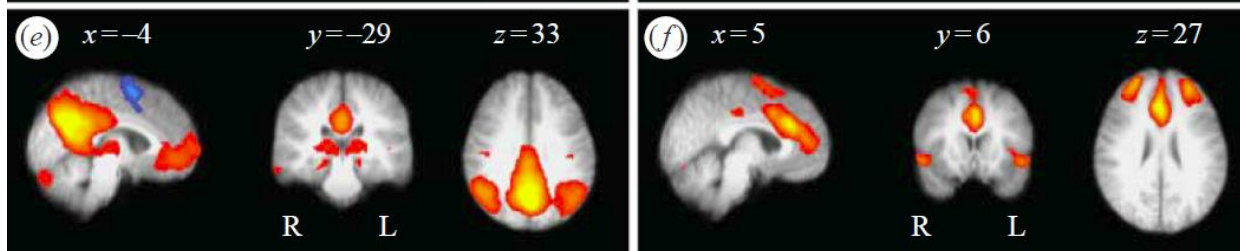


c) Sensory



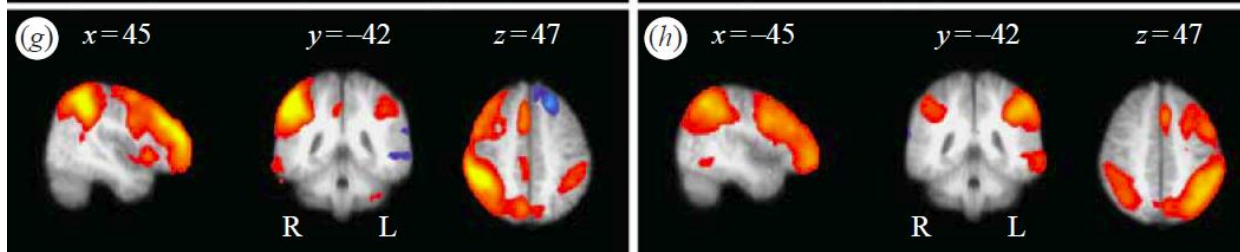
d) Motor

e) DMN  
(default mode  
network)



f) executive  
control &  
salience

g) right fronto-  
parietal  
(~attention RSN)



h) Left fronto-  
parietal  
(~attention RSN)

Beckmann et al. (2005), *Phil Trans R Soc B*

# What is so interesting about 'rest'?

- Usefulness?

- Not a measure of structural connectivity
- Not a measure of effective connectivity

- Interpretability?

- Confounds

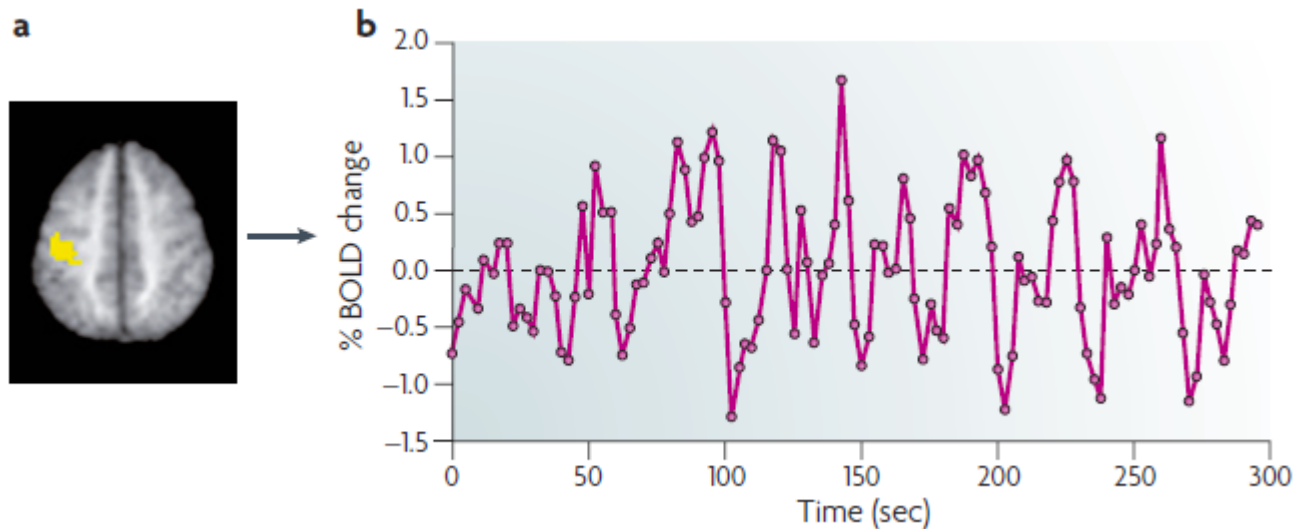
- RSNs reflect artifacts, i.e. cardiac and respiratory effects (Krüger and Glover, 2001, Birn et al., 2006)
- vascular processes (unrelated to neuronal function) (Wise et al., 2004)
- participants might fall asleep, be planning what to do next, or might be thinking about the previous task ...

- 
- However, RSNs have been found to be distinct from cardiac and respiratory artefacts (spatially and temporally) (De Luca et al., 2006)
  - rsfMRI has revealed a number of networks consistently found in healthy subjects, different stages of consciousness and across species
  - may present a valuable data resource for delineating the human neural functional architecture (Cole et al., 2010)

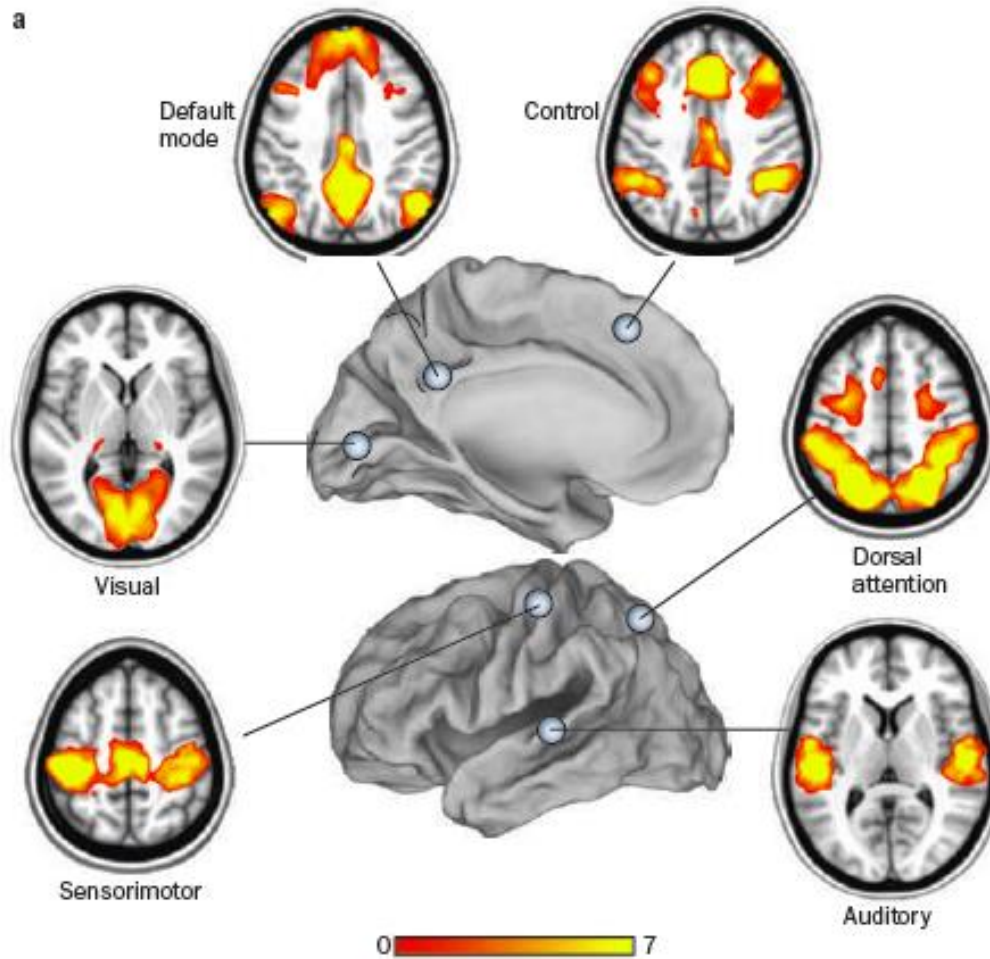
- Model-based
  - Seed based correlation analysis
- Model-free
  - Decomposition
    - Independent component analysis (ICA), principal component analysis (PCA)
  - Clustering
    - Fuzzy clustering analysis (FCA), hierarchical clustering analysis (HCA)

# Methods: model-based

- Seed based correlation analysis (SCA; seed = region of interest)
  - hypothesis-driven: a priori selection of a voxel, cluster, or atlas
  - the extracted time series is used as regressors in a GLM analysis
  - univariate approach

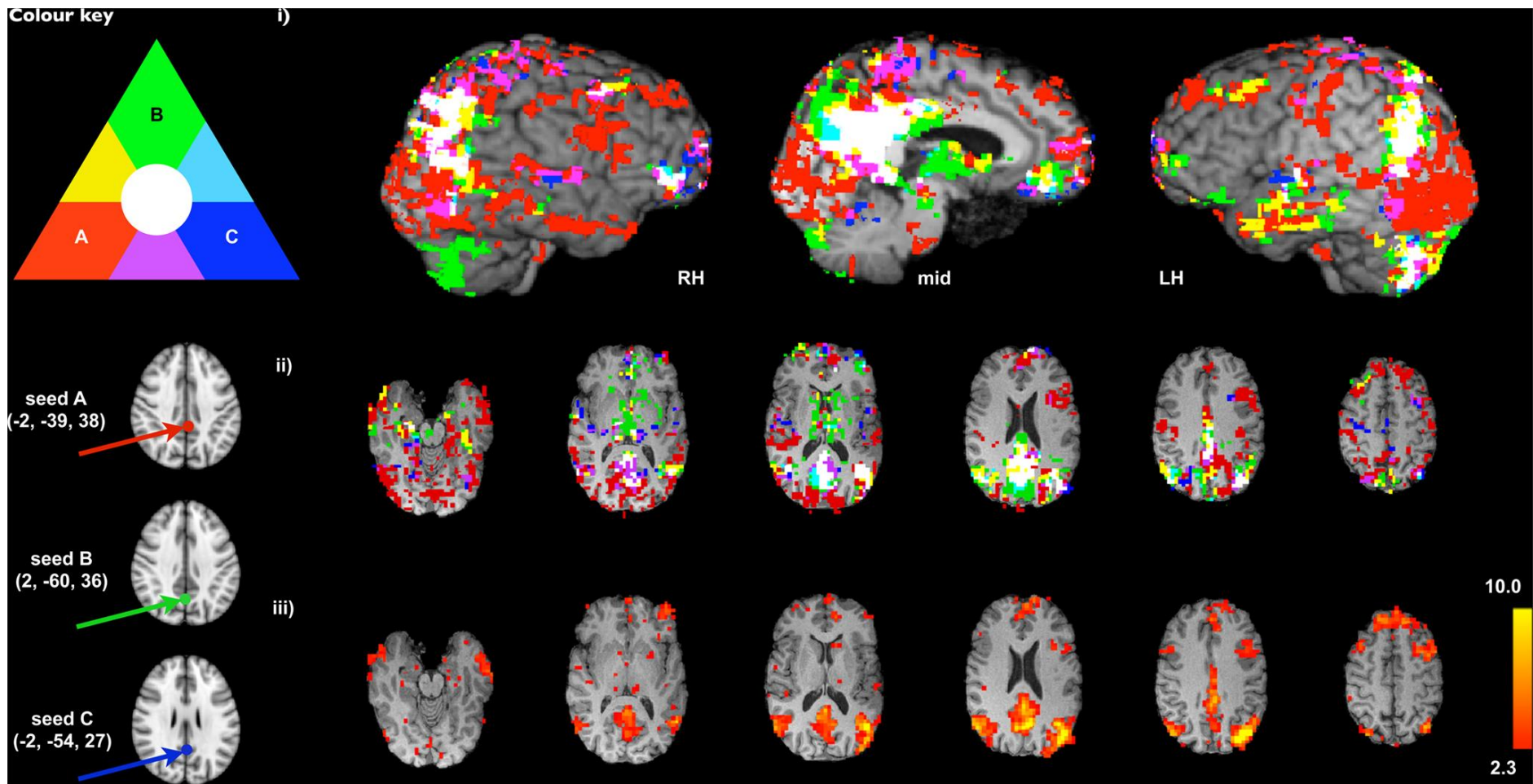


Fox & Raichle, 2007, *Nature Reviews, Neuroscience*



Zhang & Raichle, 2010, *Nature Reviews, Neurology*

# DMN versions using 3 different seed voxels



Cole et al. (2010), *Front Syst Neurosci*

# Methods: model-based

- Seed based correlation analysis (SCA; seed = region of interest)
    - hypothesis-driven: a priori selection of a voxel, cluster, or atlas
    - the extracted time series is used as regressors in a GLM analysis
    - univariate approach
- 
- Advantage:
    - direct answer to a direct question (straightforward interpretation)
    - Has moderate-to-high reliability
  - Weakness:
    - Residual confounds in the SCA time series (e.g. head motion)
    - Bias attached to seed selection (see previous slide)
    - Anatomical restrictions on the measurement of network connectivity (multiple regions must be manually defined before analysis in order to generate multiple network maps)

# Methods: model-free

- Decomposition

- Independent component analysis (ICA), principal component analysis (PCA)
    - multivariate-approach
- 

- The signal in fMRI data is composed out of different sources of variability:
  - machine artefacts
  - physiological pulsation
  - head motion and
  - Spontaneous fluctuations in the blood oxygen level-dependent (BOLD) – signal
- Goal: to express the original fMRI dataset as a linear combination of basis vectors (PCA) or statistically independent components (ICA)

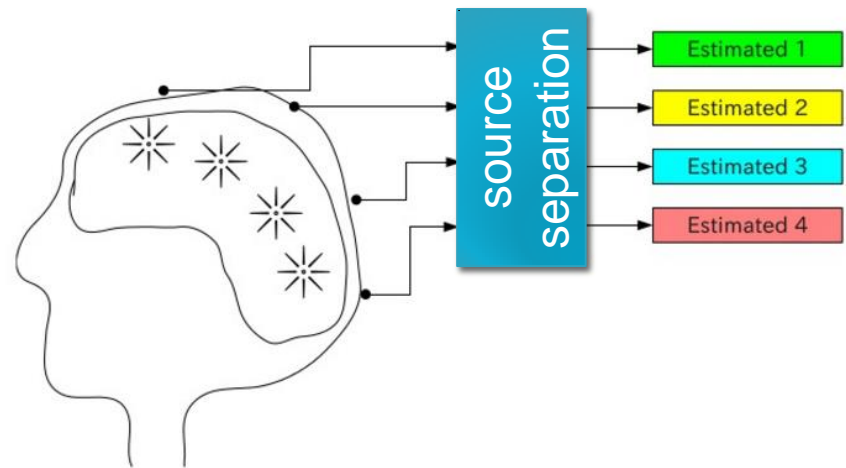
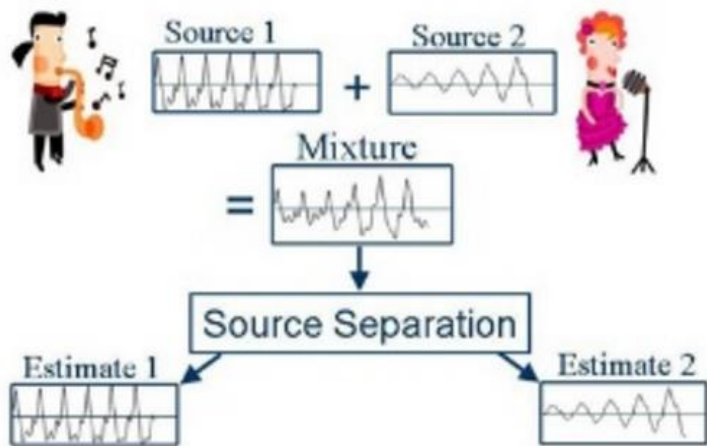
# Principal component analysis (PCA)

- Can treat fMRI dataset (1 time & 3 spatial dimensions) as a 2D matrix (time x voxels)
  - Decomposes the data into **spatial maps** (~ functional networks) with associated time series
  - Goal: finding components which explain max/most the **variance** in the dataset
  - **iterative** in defining each component in relation to the previous components
  - the components are **orthogonal** (uncorrelated) to each other

# Independent Component Analysis (ICA)

ICA decomposes a two-dimensional (time x space) data matrix into the time courses and associated spatial maps of the underlying 'hidden' signal sources

- Spatial ICA: a form of ICA that generates components that have minimal spatial redundancy
- Temporal ICA: a form of ICA that generates components that have minimal temporal redundancy



$$X = AS$$

$X$ : measured data

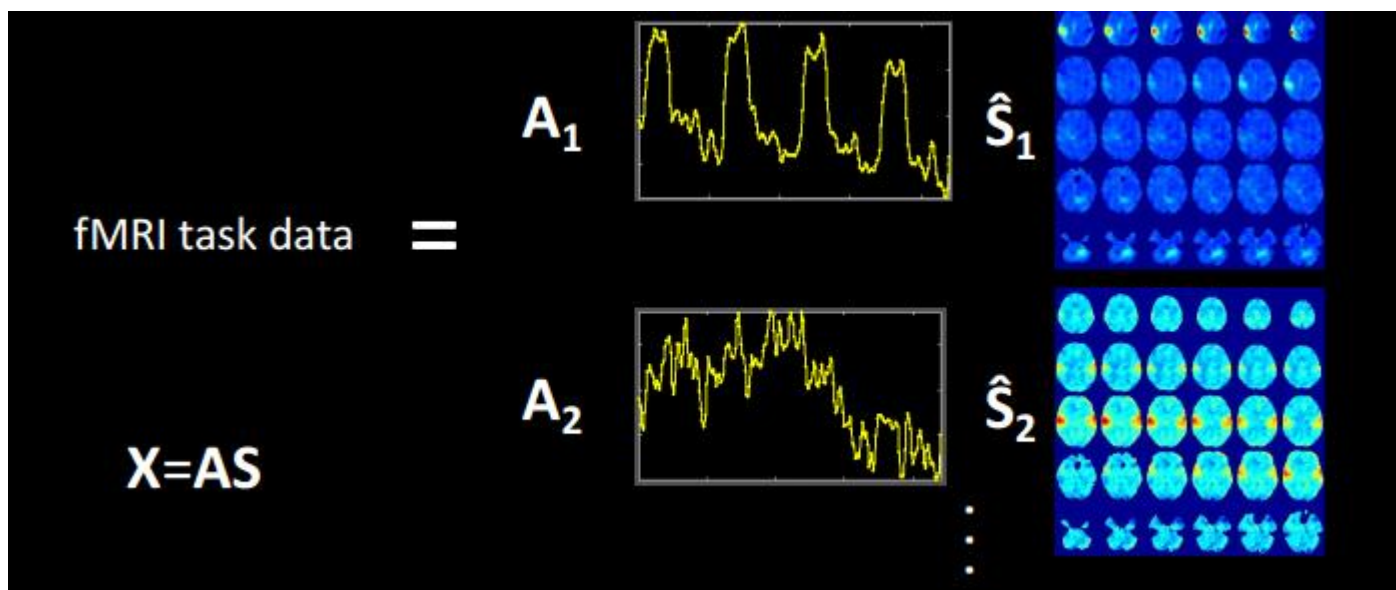
$A$ : mixing matrix

$S$ : the underlying (original) signal source (IC component)

# ICA applied to fMRI

## Spatial ICA

- the sources are maps that are maximally spatially independent (i.e. non-overlapping)
- the mixing matrix represents activation time courses of the sources



# ICA applied to fMRI

- identifies stationary **sets of voxels** whose activations vary together over time and are maximally distinguishable from other sets.
- assumes that fMRI data consist of a set of spatially overlapping components, each with an **independent spatial pattern** and different time course
- the term «independent» means that the algorithm **minimizes the overlap between the components**, but the components do not need to be orthogonal with each other
- One common approach is to estimate maximally statistically independent, non-Gaussian components from fMRI data (by optimizing a measure of non-Gaussianity in the estimated spatial maps)

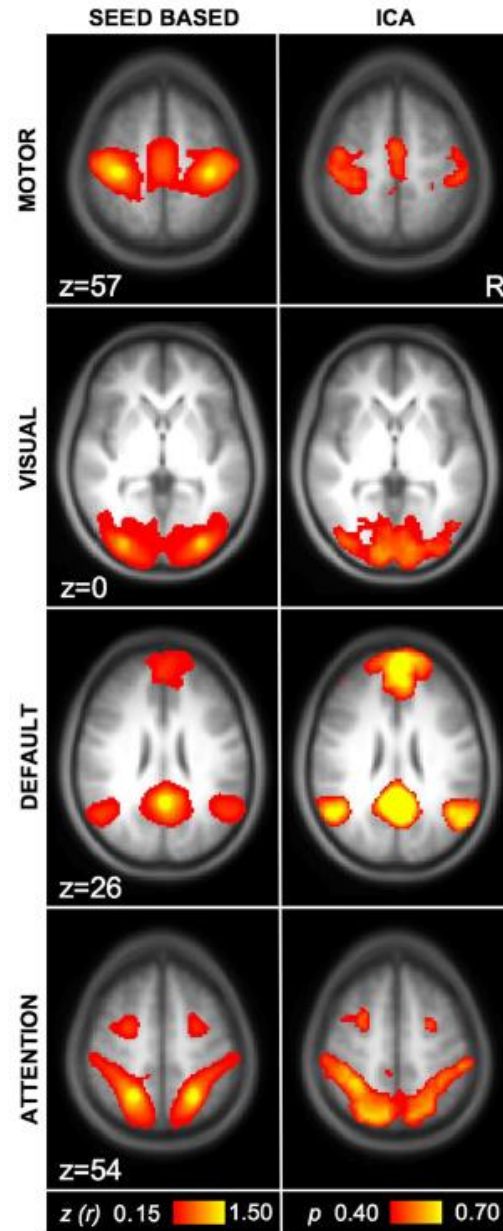
- MELODIC FSL
- GIFT (MIALAB; Vince Calhoun)
- REST and DPARSF SPM
- CONN Toolbox (<http://www.nitrc.org/projects/conn/>)

# Methods: model-free

- Decomposition
    - ICA/ PCA
      - multivariate-approach
- 

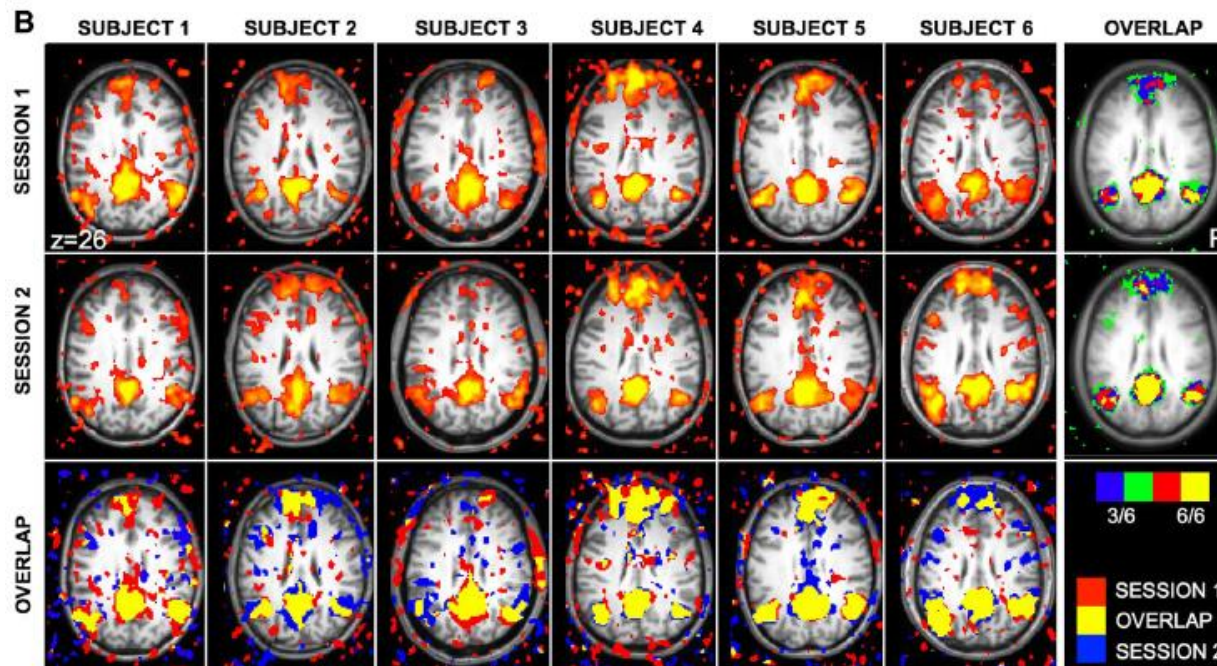
- Advantage:
  - Data-driven; explore fMRI data in search of systematic variation, without necessarily adopting an a priori model for that variation
  - Partition the four dimensional fMRI time series into a set of components that may reflect distinct aspects of brain functioning, and also sources of non-neuronal variance (related to movement, ventricles, WM, respiration)
- Weakness:
  - Poorly chosen models (e.g. how to select the number of IC?)
  - Variability in the hemodynamic response
  - Loss of specificity in relation to a well-defined seed of interest, interpretation?

# SCA vs. ICA



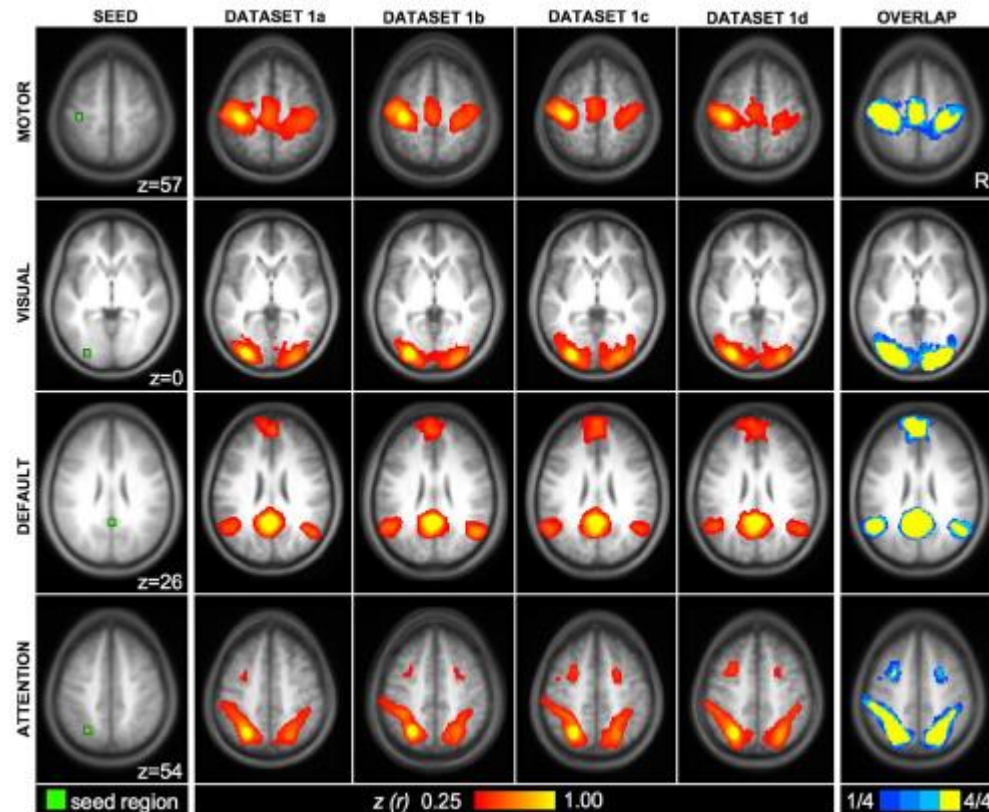
# rsfMRI reliability

two sessions with a mean delay of  $7.7 \pm 5.5$  (SD) days.



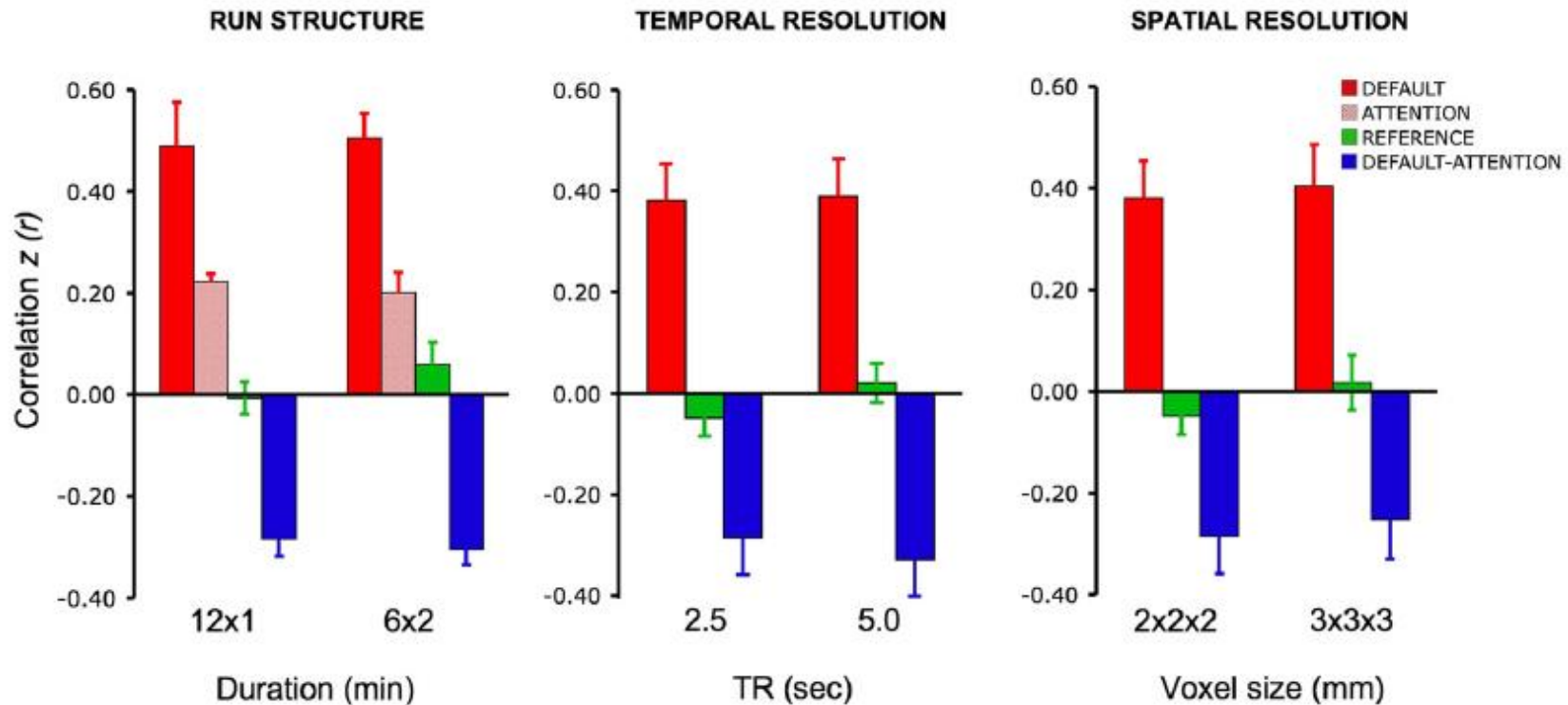
## Dataset 1:

- N=48; 6 min fixation, TR: 2.5s, 3x3x3mm
- The 48 subjects from a dataset were divided into four independent groups of 12 subjects



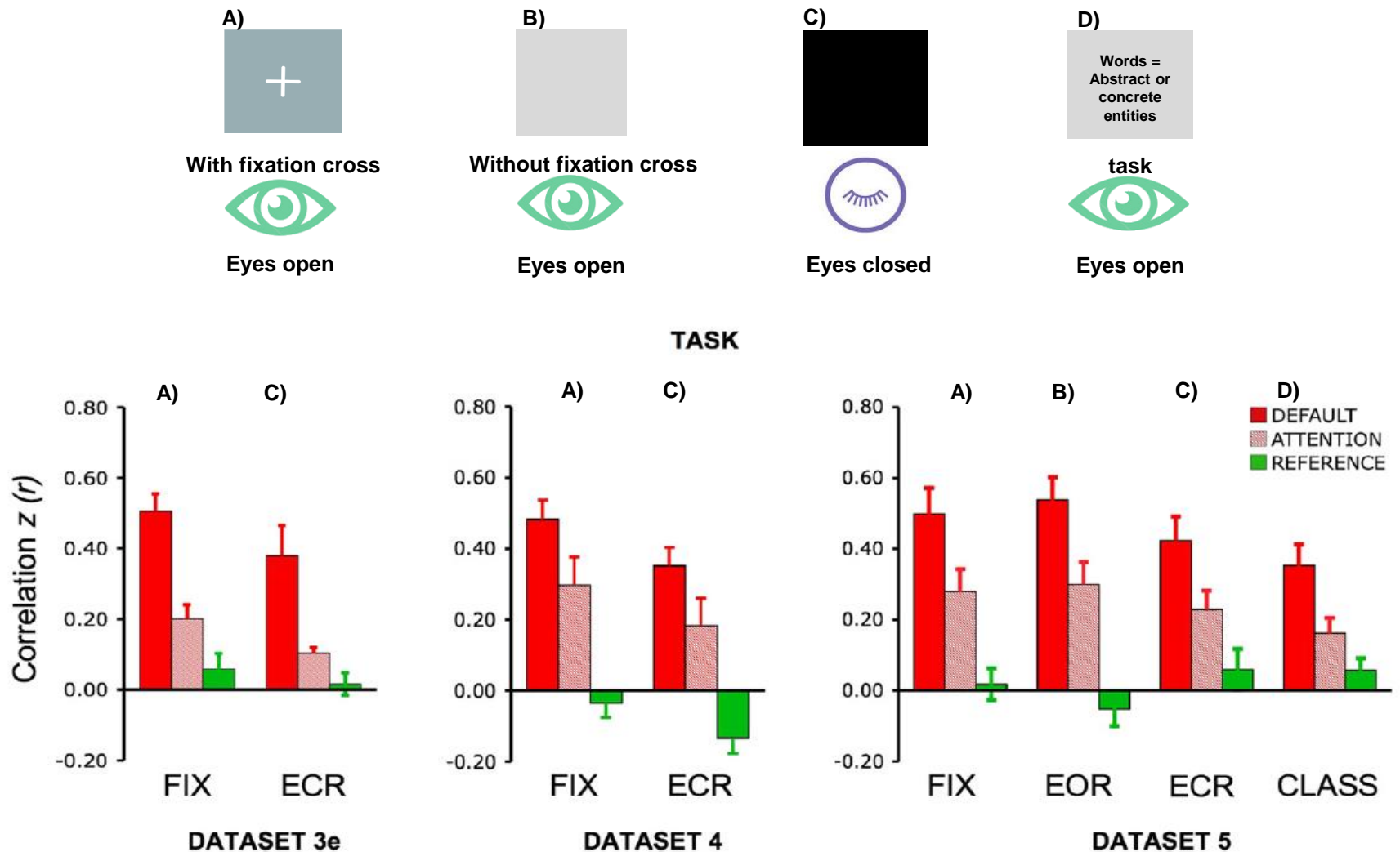
*Functional connectivity networks are reliable across independent subject groups*

# Effects of structure & resolution on rsfMRI



*Functional connectivity strength depends minimally on run structure, temporal resolution, and spatial resolution*

# Effects of design on rsfMRI



*Functional connectivity strength is influenced by task*

# Application resting-state fMRI

- RSNs are reliable across subjects, sessions and replicable across independent subject groups → may be appropriate phenotypes for exploring individual and group differences
- Clinical application
  - Patients unable to perform tasks
  - rsfMRI can be collected during sleep, sedation, anaesthesia
  - Finding group differences resulting from pathologies
  - Used as biomarkers for obtaining diagnostic and prognostic information in single patients
  - Used to explore the brain's functional organization and if the brain is altered in neurological or psychiatric diseases

# Questions?

